

Do You Hear What I Hear: **The Noise of More**

December 6 & 7, 2025

All Bible passages are quoted from the New International Version of the Bible unless otherwise noted.

Luke 2:8-16 | ⁸ And there were shepherds living out in the fields nearby, keeping watch over their flocks at night. ⁹ An angel of the Lord appeared to them, and the glory of the Lord shone around them, and they were terrified. ¹⁰ But the angel said to them, “Do not be afraid. I bring you good news that will cause great joy for all the people. ¹¹ Today in the town of David a Savior has been born to you; he is the Messiah, the Lord. ¹² This will be a sign to you: You will find a baby wrapped in cloths and lying in a manger.” ¹³ Suddenly a great company of the heavenly host appeared with the angel, praising God and saying, ¹⁴ “Glory to God in the highest heaven, and on earth peace to those on whom his favor rests.” ¹⁵ When the angels had left them and gone into heaven, the shepherds said to one another, “Let’s go to Bethlehem and see this thing that has happened, which the Lord has told us about.” ¹⁶ So they hurried off and found Mary and Joseph, and the baby, who was lying in the manger.

1. Don’t let the “noise” define your VALUE ... know your true WORTH. (v.8)
2. Quit SHOPPING for joy ... start BELIEVING the message. (v.10)
3. Trade extravagance for PRESENCE ... find the treasure in HUMILITY. (v.16)

NEXT STEP: Turn down the noise of more and turn up your gratitude.

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Further Study & Discussion Questions

Getting to Know You:

1. What is the most memorable (or regretted) item you felt pressured to buy during a holiday season that is now collecting dust?
2. If you had an unlimited return policy right now, what's the one thing you currently own that you would take back and why? (It doesn't have to be a purchase!)
3. When you hear the phrase, "**The Noise of More**," what immediately comes to mind? (Is it a commercial, a person, a feeling?)

Quick Review:

1. In the message, we learned that financial anxiety is often more of a "**listening problem**," not a shopping problem. What lie is the "**Noise of More**" whispering to you at this time of year?
2. Is there something that resonated with you in this week's message? Any "Aha" moments or something that provoked some deep thoughts?

Digging Deeper:

1. Read **1 Timothy 6:6-10**.

1 Timothy 6:6-10 | ⁶ But godliness with contentment is great gain. ⁷ For we brought nothing into the world, and we can take nothing out of it. ⁸ But if we have food and clothing, we will be content with that. ⁹ Those who want to get rich fall into temptation and a trap and into many foolish and harmful desires that plunge people into ruin and destruction. ¹⁰ For the love of money is a root of all kinds of evil. Some people, eager for money, have wandered from the faith and pierced themselves with many griefs.

Discuss the difference between having money and loving money. How does chasing the "**Noise of More**" threaten to derail your faith? Where do you think the love of money comes from? What are some ways you can combat falling in love with money?

2. Read **Psalms 46**.

Psalms 46 | ¹ God is our refuge and strength, an ever-present help in trouble. ² Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea, ³ though its waters roar and foam and the mountains quake with their surging. ⁴ There is a river whose streams make glad the city of God, the holy place where the Most High dwells. ⁵ God is within her, she will not fall; God will help her at break of day. ⁶ Nations are in uproar, kingdoms fall; he lifts his voice, the earth melts. ⁷ The Lord Almighty is with us; the God of Jacob is our fortress. ⁸ Come and see what the Lord has done, the desolations he has brought on the earth. ⁹ He makes wars cease to the ends of the earth. He breaks the bow and shatters the spear; he burns the shields with fire. ¹⁰ He says, "Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth." ¹¹ The Lord Almighty is with us; the God of Jacob is our fortress.

In verse 10, the psalmist writes: "*Be still and know that I am God...*" How does intentionally creating "stillness" help you distinguish the voice of God's joy (a declaration of how He has blessed you) from the voice of the world's joy (a purchase)? As you look at this Psalm, in what ways does the writer show gratitude to God?

Putting It Into Practice:

1. What is the single thing you feel **obligated to buy** this week that is causing you financial or emotional stress? How can you turn down the noise of "buy, buy, buy" with finding contentment in what you already have?
2. Challenge: For the next 7 days, track every time you feel the need to buy something because of emotional pressure (not necessity). What triggers the pressure most often?
3. Pray: Ask God to help you see the difference between **need and want** this holiday season and to focus on the eternal value established by the Savior.